

PROFESSIONAL DISCLOSURE STATEMENT

Paige Weiler, MA, Professional Counseling Associate

East Cascade Counseling Services LLC

731 NW Franklin Ave., Suite 107 Bend, OR 97703 541-306-1128

Philosophy and Approach: The Therapeutic Relationship When someone is courageous enough to bare their vulnerable side during one of their darkest moments, I will be alongside them. I am enthusiastic about the human experience— especially the parts we as humans find most difficult to talk about. Change can begin within a safe, supportive, and understanding therapeutic relationship. I strive to create an environment where others feel secure enough to make meaning of, and heal from, their most agonizing experiences. In order to foster this process, I utilize Interpersonal Process Therapy to explore attachment and communication patterns while integrating Cognitive Behavioral components to explore thoughts and behaviors. Together, I hope to discern, understand, and shift away from what keeps clients stuck in order to elicit and reinforce their sense of self-efficacy.

Professional Information: Licensure, Education & Training I hold a Masters in Clinical Mental Health Counseling from Oregon State University-Cascades. My coursework there included assessment and diagnosis techniques, trauma informed counseling, family systems counseling, and group counseling. In addition to my coursework, my professional trainings include: Five months as a practicum student at the Oregon State University-Cascades Community Counseling Clinic, Eight-month student internship as a clinical mental health practitioner at OSU-Cascades Counseling Clinic, One-year student internship as a clinical mental health practitioner at Deschutes County Behavioral Health, Certification in the Collaborative Assessment and Management of Suicidality, Level One Certification in Emotionally Focused Individual Therapy, Certification in Psychological First Aid.

Fees: Fees are established by East Cascade Counseling Services which range from \$175-225 a session. Sliding scale available upon request. Currently taking cash pay, PacificSource commercial and PacificSource Community Solutions/OHP insurance. Payment is due at the start of the session. Cancellations must be made 24 hours before the scheduled session to avoid cancellation fees.

State Rules and Regulations As an Associate registered with the Oregon Board of Licensed Professional Counselors and Therapists, I abide by the American Counseling Association Code of Ethics. As an associate, I am supervised by Kerri Hanlon, MA, LPC, CADC III, MAC. If you have questions, comments, or concerns you have the right to contact my supervisor at 541-306-1128 or at eastcascadecounseling@gmail.com.

As a client of an Oregon Professional Counselor Associate, you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report complaints to the Board; To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at 3218 Pringle Rd SE #120 Salem, OR 97302-6312. Telephone: 503-378-5499. Email: lpct.board@oregon.gov. Website: www.oregon.gov/OBLPCT.com. For additional information about this associate, consult the OBLPCT website.