

Kaylee Vincent
731NW Franklin Avenue #105
BEND, OR 97702
(541)604-8104

Professional Disclosure Statement

Philosophy and Approach: My approach blends together and incorporates a wide variety of modalities to help serve diverse populations. First and foremost, I operate from a relational culture theoretical orientation. I believe that we are products of the environment we grow up in and relationships are crucial to our well-being. I blend in components of CBT, DBT, TF-CBT, and collaborative problem solving. This approach centers the client as the unique individual that they are with tangible approaches to working towards wellness. I specialize in working with individuals who identify within the 2SLGBTQIA+ community and those looking for gender affirming care on their journey of transitioning. I have expertise in crisis work, clients with suicidal ideation, trauma, PTSD, sexual abuse, addiction, anxiety, as well as depression.

Education and Training: I completed my Master's degree in Clinical Mental Health Counseling from Oregon State University – Cascades which meets both the national and state level course requirements. My coursework included pharmacology, social cultural perspective, trauma informed counseling, family counseling, and group counseling. I spent my time interning at the OSU counseling clinic, YouthLine, and Bestcare. I have completed the first level of EMDR training as well as have certifications in ASIST, QPR, TF-CBT, and SafeTalk.

Fees: Fees are established by East Cascade Counseling Services which range from \$175-225 a session. Sliding scale available upon request. Currently taking cash pay and Pacific Source/OHP insurance. Payment is due at the start of session. Cancellations must be made 24 hours before the schedule session.

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license, I am required to participate in continuing education, taking classes dealing with subjects relevant to this profession.

As a client of an Oregon licensee, you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information

concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;

- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at : **3218**

Pringle Rd SE, #120, Salem, OR 97302-6312 Telephone: (503) 378-5499 Email:

lpct.board@mhra.oregon.gov Website: www.oregon.gov/OBLPCT

For additional information about this counselor or therapist, consult the Board's website.