



**Corey May, MS, LPC**  
*East Cascade Counseling Services LLC*  
Bend, OR 97701  
(541) 419-5015

**Philosophy and Approach:**

My philosophy on therapy is a blended approach of different treatment modalities. I start by using a framework of empathy, compassion, and unconditional positive regard. Simply put, I meet my client's where they are and hold no judgment. I am also a follower of the Adler's Individual Psychology approach. I believe the primary role of a therapist is to develop a collaborative relationship with my clients and that there is meaning to be found in our hopes, dreams, family of origin, and our social connections. I also draw directly from CBT, DBT, and Motivational Interviewing techniques, and can focus on deeper trauma based work via the direct exposure based methods of Prolonged Exposure based therapy.

**About Your Therapist:**

My name is Corey May and I am a licensed therapist with the Oregon Board of Licensed Professional Counselors and Therapists. I received my Masters in Counseling from Oregon State University. Since wrapping up my schooling I have held professional positions in private practice, young adult residential programs as well as in the area of wilderness therapy.

**As a Licensee** of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license I am required to participate in continuing education, taking classes dealing with subjects relevant to this profession.

**Fees:** My current fee rate is between \$175-\$200/session. I do offer a sliding scale to meet my clients' financial needs. At the current time I accept cash, check, Visa, Mastercard, American Express, and Discover.

**As a client of an Oregon licensee you have the following rights:**

- To expect that a licensee has met the minimal qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics;
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to client or others; 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies; 4) Providing information concerning intern's case consultation or supervision; and 5) Defending claims brought by client against intern;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at **3218 Pringle Rd SE #250, Salem, OR 97302-6312. Telephone: (503) 378-5499**  
Email: [lpct.board@state.or.us](mailto:lpct.board@state.or.us) Website: [www.oregon.gov/OBLPCT](http://www.oregon.gov/OBLPCT)